

PPGs (Patient Participation Groups) are a collaboration between patients and their practices.

Whilst this is a new venture for Littlewick, such groups have been successfully operating at other practices for many years.

We have a group of 12 patients who meet regularly with a view to improving communication, discuss concerns and look at what areas of service can be improved. What is working? What isn't?

The group will explore ways in which patients can help themselves by encouraging a healthy lifestyle, arranging activities such as organised walks, eating healthier etc.

A member of the Littlewick management team and a doctor is also present to provide a link and liaise directly with the Littlewick medical team. The group seeks to be pro-active in listening to patients ideas and working positively with the medical team.

If you have any ideas for projects which the group could investigate, or would like to get involved in any way or wish to comment about the services currently provided, then please e-mail hsimpson@nhs.net